



ACTIVE TRAVEL
for Cultural Explorers

SMALL GROUP
Maximum of 28 Travelers

LAND JOURNEY

Barcelona

Art, Culture & People

Inspiring Moments

- ▶ Stroll through this **vibrant seaside city** along leafy boulevards filled with architectural treasures.
- ▶ Marvel at the incredibly inventive details of **Antoni Gaudí's masterpieces**, named a UNESCO World Heritage site.
- ▶ Admire a remarkable collection of **Pablo Picasso's artwork** from his formative years.
- ▶ Learn how to **prepare traditional Catalán dishes** during a special hands-on cooking session.
- ▶ Sip a refreshing glass of sparkling cava in the **scenic Penedès wine region**.
- ▶ Explore **Montserrat**, a ninth-century monastery tucked into a mountainside.

INCLUDED FEATURES

Accommodations

(with baggage handling)

- **7 nights** in Barcelona, Spain, at the first-class Renaissance Barcelona Hotel.

Extensive Meal Program

- 7 breakfasts, 2 lunches and 3 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus wine with dinner.
- Opportunities to sample authentic cuisine and local flavors.

Your One-of-a-Kind Journey

- **Discovery excursions**, including a choice of **PERSONALIZE YOUR JOURNEY** options, highlight the local culture, heritage and history.
- Expert-led **Enrichment programs** enhance your insight into the region.
- **AHI Connects**: Local immersion.
- Free time to pursue your own interests.
- Welcome and Farewell Receptions to mingle with fellow travelers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.

Itinerary

- Day 1** Depart gateway city†
- Day 2** Arrive in Barcelona
- Day 3** Gothic Quarter
- Day 4** Gaudí's Barcelona
- Day 5** Barcelona
- Day 6** El Born District
- Day 7** Montserrat | Penedès Wine Region
- Day 8** Barcelona
- Day 9** Depart for gateway city†

†Transfers and flights included for AHI FlexAir participants.

Note: Itinerary may change due to local conditions. Travelers should be physically fit, able to walk up to 3 miles, exit/enter trains quickly and navigate stairs, hills and uneven terrain.



Plaça St. Jaume



AMA
AMERICAN MEDICAL ASSOCIATION

Discovery

AHI Connects: Barcelona Cook & Taste. Roll up your sleeves and prepare delicious, traditional Catalán cuisine during a hands-on lesson, then enjoy your creations!

The Barri Gòtic. Set out on a walking tour of the Gothic Quarter, where medieval Barcelona flourished. See Plaça del Rei, the historic powerhouse of medieval Catalonia; Plaça St. Jaume; the Cathedral of Barcelona; and the walls of the Roman colony, Barcino.

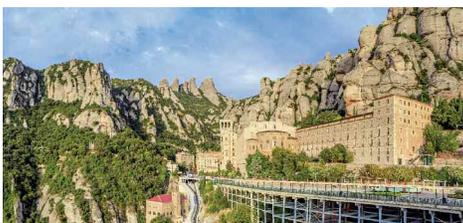
Gaudí's Barcelona. Visit the architect's fanciful Parc Güell, an enchanting park with colorful, undulating mosaic benches and Mediterranean views. Step inside his unfinished masterpiece, the basilica Sagrada Família, inspired by Christian symbolism and nature's geometry.

Barcelona — Through the Eyes of Picasso. As a young man, Picasso drew creative inspiration from the city and embraced its progressive attitudes about art. Hop on Barcelona's metro to the Picasso Museum to see one of the largest collections of his early works. Then follow in his footsteps as you explore the neighborhood where he and other artists congregated. Later, take a guided walking tour of El Born, site of medieval jousting tournaments, trade guilds and the 14-century Gothic church Santa Maria del Mar.

The Monastery of Montserrat and Penedès Wine Region. Step inside this serene Benedictine monastery, set amid towering rock formations. Journey to the picturesque Penedès wine region, where sparkling cava is produced, and enjoy a country-style lunch, featuring cava made at a family-owned winery.

Choose from a selection of **PERSONALIZE YOUR JOURNEY excursions:**

- Barcelona and the Civil War
- Catalan Modernism Beyond Gaudí
- Gràcia Village



Montserrat

Enrichment

The History of Catalonia and Barcelona. Delve into the intriguing heritage of Catalonia, one of Spain's most independent-minded regions.

Modernism and the Architecture of Antoni Gaudí. Learn how Gaudí, a Catholic, freely incorporated his love of God and nature into his drawings and creations, believing his ideas were divinely inspired.

Contemporary Catalonia. Many Catalans think of themselves as a separate nation from the rest of Spain. Learn about their continued search for independence from Spain.



Catalán cooking class

AHI Travel Expertise

Passenger Service Representative | Helps with everything from arranging flights to fulfilling special requests.

Travel Director | Manages all details to ensure a memorable trip.

Travel information | Prepares you fully for your journey.

Expert local guides | Provide friendly, knowledgeable service.

Lecturers | Share their knowledge of and passion for their country.

Accommodations

Renaissance Barcelona Hotel | Barcelona

<http://bit.ly/renaissancebarcelonahotel>



The information in this flier is correct at the time of printing. Please visit our website to ensure that you receive the most current information.

Elective Experiences

We have designed an optional activity to allow you to craft your individual trip.

Girona and Dalí's Figueres. Travel to Girona's old town and meander through its medieval maze of narrow streets. Continue to Figueres, the hometown of surrealist artist Salvador Dalí, and visit the unusual Dalí Theater-Museum.

Elective experiences available at an additional cost.



UNESCO World Heritage

Works of Antoni Gaudí

Parc Güell and La Sagrada Família

Let us arrange your flights!

✦ **AHI FlexAir |** Our personalized air program offers incredible advantages:

- price guarantee
- arrival and departure transfers
- flexibility to change or cancel
- assistance with changes or delays
- flight insurance

DATES & PRICES

September 19-27, 2020

From **\$3,445**

Special Savings **\$250**

Special Price \$3,195

VAT is an additional \$295 per person.

All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Single accommodations are an additional \$995 (limited availability).