



**NO SINGLE  
SUPPLEMENT**  
for Solo Travelers

**LAND &  
RIVER  
JOURNEY**

## Romance of the Douro River

featuring Lisbon, Porto and  
the Alto Douro Wine Region

### *Inspiring Moments*

- ▶ Travel through Porto's scenic wine country, visiting an estate cellar for a **port tasting**.
- ▶ Admire the colossal university library at the **University of Coimbra** and discover the history of the old capital.
- ▶ Delve into Portuguese history at **Guimarães**, the city considered to be the birthplace of Portugal.
- ▶ Explore the lively city of **Porto**, spread across the banks of the Douro.
- ▶ Visit the beautiful, historic Spanish city of **Salamanca**.
- ▶ Walk in the footsteps of the great explorers, who launched their epic journeys in **Lisbon**.
- ▶ Experience six **UNESCO World Heritage sites**.

### INCLUDED FEATURES

#### ACCOMMODATIONS

(With baggage handling.)

- **Three nights** in Lisbon, Portugal, at the deluxe Dom Pedro Palace Lisbon.
- **Seven nights** aboard the **exclusively chartered**, first-class MS Gil Eanes.

#### TRANSFERS

- Deluxe motor coach transfer in the Land/Cruise Program and baggage handling.

#### EXTENSIVE MEAL PROGRAM

- Ten breakfasts, seven lunches and seven dinners, including Welcome and Farewell Dinners; all drinks included onboard except special wines and spirits.

#### YOUR ONE-OF-A-KIND JOURNEY

- **Discovery excursions**, including a choice of **PERSONALIZE YOUR CRUISE** options, highlight the local culture, heritage and history.
- Expert-led **Enrichment programs** enhance your insight into the region.
- Free time to pursue your own interests.
- Welcome and Farewell Receptions to mingle with fellow travelers.
- Clearly hear your English-speaking guide with your own VOX headset.
- Tipping of guides and drivers.
- Complimentary travel mementos.

#### ITINERARY

- Day 1** Depart gateway city<sup>†</sup>
- Day 2** Arrive in Lisbon
- Day 3** Lisbon
- Day 4** Lisbon
- Day 5** Coimbra | Porto | Embark MS Gil Eanes
- Day 6** Porto
- Day 7** Porto | Peso de Régua
- Day 8** Peso de Régua | Vila Réal | Barca d'Alva
- Day 9** Salamanca | Barca d'Alva
- Day 10** Ferradosa | São João da Pesqueira | Pinhão
- Day 11** Pinhão | Lamego | Porto
- Day 12** Disembark ship | Depart for gateway city<sup>†</sup>

<sup>†</sup>Flights and transfers included for AHI FlexAir participants.

**Note:** Itinerary may change due to local conditions. Walking is required on many excursions, and surfaces may be uneven or unpaved.



**AMA**  
AMERICAN MEDICAL  
ASSOCIATION

## DISCOVERY

**Lisbon.** Walk in the footsteps of famous explorers, and visit the Hieronymites Monastery and the Tower of Belém. See many other highlights, including Alfama, Lisbon's oldest neighborhood; Graça, a traditional neighborhood at the highest point of the city; and Rossio and Black Horse squares.

**Coimbra.** Visit the first Portuguese capital and the University of Coimbra, which occupies a former palace. Visit the Joane Library, St. Michael's Chapel and a historic ceremonial hall. Continue to the city's old cathedral.

**Vila Réal.** Discover the town of Vila Réal. Visit a chapel decorated with azulejos, Portugal's famous blue-and-white tile, and the Solar de Mateus, an 18th-century baroque palace featuring the frilly flourishes of the period.

**Porto's Wine Road.** Drive through the scenic Alto Douro Wine Region. Not only is this area known for its vineyards, it is famous for its bountiful olive and almond groves. Visit the town of São João da Pesqueira. Stop at a quinta, a winery, for a port wine tasting.

**Lamego.** Sitting in the heart of the port-producing Douro Valley, Lamego is one of the country's prettiest towns. Visit Nossa Senhora dos Remedios, a baroque church overlooking the city. Admire the granite staircase adorned with azulejos.



Choose from a selection of **PERSONALIZE YOUR CRUISE excursions** in these ports:

### Porto (Day 6)

Cultural Porto & Port Wine Tasting  
Porto by Tram & Flavors of Porto

### Porto (Day 7)

Guimarães, Cradle of Portugal  
Douro Hike & Port Wine Tasting

### Barca d'Alva

Salamanca City Tour  
Salamanca by Bike

## ENRICHMENT

**Portuguese Explorers.** The Age of Discovery belonged to the explorers who sailed under the Portuguese flag. These 15th- and 16th-century adventurers opened new trade routes, set foot on previously undiscovered lands and brought wealth and glory to Portugal.

**Contemporary Portugal.** Learn about current events that are shaping Portugal.

**Douro Wine Country.** Portugal's most famous wines come from this region. Discover the local winemaking tradition.

## AHI Travel Expertise

**Passenger Service Representative** | Helps with everything from arranging flights to fulfilling special requests.

**Travel Director** | Manages all details to ensure a memorable trip.

**Travel information** | Prepares you fully for your journey.

**Expert local guides** | Provide friendly, knowledgeable service.

**Lecturers** | Share their knowledge of and passion for their country.

## ACCOMMODATIONS

**Dom Pedro Palace Lisbon** | ●●●●○  
Lisbon

<http://bit.ly/dompedropalacelisbon>

**MS Gil Eanes**

<http://bit.ly/gileanes>



The information in this flier is correct at the time of printing. Please visit our website to ensure that you receive the most current information.

## ELECTIVE EXPERIENCES



We have designed optional activities to allow you to craft your individual trip.

**Fado Dinner.** Savor a delicious dinner of Portuguese cuisine and enjoy a fado performance. Fado is a traditional music genre, featuring melancholic guitar and vocal arrangements.

**Sintra, Cascais and Estoril.** Visit the village of Sintra to see the exquisite 19th-century European Romantic architecture. Continue to the picture-perfect towns of Cascais and Estoril.



Elective experiences available at an additional cost

## UNESCO World Heritage

1. Historic Center of Oporto
2. Historic Center of Guimarães
3. Alto Douro Wine Region
4. Old City of Salamanca
5. University of Coimbra
6. Monastery of the Hieronymites and Tower of Belém

## Let us arrange your flights!

✈ **AHI FlexAir** | Our personalized air program offers incredible advantages:

- **price guarantee**
- arrival and departure **transfers**
- **flexibility** to change or cancel
- discounted upgrades
- **assistance** with changes or delays
- flight insurance

## PRICE

**September 24 – October 5, 2019**

From Price \$4,045

Special Savings \$250

**Special From Price \$3,795**

VAT & Port charges are an additional \$395 per person. All prices quoted are in USD, per person, based on

**Single supplement waived for solo travelers!** This offer is limited, capacity-controlled and tends to sell out quickly.